*(Italicized parts were the contact information for reporting during the initial program. Substitute in your own contact information for your ward, or keep track of your miles on a personal or family chart.)*

**Introduction to the Walking to Zion Challenge**

This summer our Primary will be walking. We will walk to remember the pioneers who traveled the 1,415 miles along the Mormon Trail. We will walk to experience the beauty of the world that surrounds us. We will walk to strengthen our community.

As we walk this summer, we will sing the songs of walking including Pioneer Children Sang as They Walked, I’ll Walk with You, and Teach Me to Walk in the Light.

Our goal is to walk a total of 1,415 miles, each person and family counting up the blocks and miles they travel without the aid of motorized vehicles. In addition to walking, travel done on bikes, strollers, scooters, and so on, will be counted.

*Starting on June 1st, we will be marking our progress on a chart in the Primary room. If you would like to participate, turn in your mileage to Sister Jones (801-555-1212, email-address@yahoo.com)*

**Walking to Zion**

“Whenever I touch a velvet rose,

Or walk by a lilac tree,

I’m glad that I live in this beautiful world

Heavenly Father created for me.”

(My Heavenly Father Loves Me, Children’s Songbook 228)

The lilacs are done for this spring, but new plants are sprouting a flowering every day. As you walk this week, look for these new signs of life and beauty, symbols of our Heavenly Father’s love for the earth and each of us here on it.

We need to collectively walk 128 miles each week to finish our 1,415 mile trek this summer. *Call or email Sister Jones with your mileage report, or drop it off at the Primary room each Sunday so we can record our progress. (801-555-1212, email-address@yahoo.com)*

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**Week 1: June 1 - June 8**

This past week I (or my family) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

walked (biked, scootered, skated, cruised in a wheelchair, strolled, etc.)

\_\_\_\_\_\_\_\_\_\_\_\_\_ miles.

(Be sure to put your name on your record sheet so we can have an accurate count.)

**Walking to Zion**

“Saturday is a special day.

It’s the day we get ready for Sunday:”

Try to make time to walk to at least one meeting or errand this week to which you might otherwise drive. Walking to church, for example, allows time to enjoy a quiet walk in a beautiful neighborhood before settling down inside for meetings. Kids, be sure to help your parents get everything ready so you can have time to walk and be happy instead of being rushed, frustrated, and unable to find a good parking spot.

We need to collectively walk 128 miles each week to finish our 1,415 mile trek this summer. If everyone in our ward who is physically able chooses to walk to church instead of driving, we will meet our goal for the week simply by coming to worship together. *Call or email Sister Jones with your mileage report, or drop it off at the Primary room each Sunday so we can record our progress on the map. (801-555-1212, email-address@yahoo.com)*

*Last week there was a total of 410.37 miles reported.*

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**Week 2: June 9 - June 16**

This past week I (or my family) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

walked (biked, scootered, skated, cruised in a wheelchair, strolled, etc.)

\_\_\_\_\_\_\_\_\_\_\_\_\_ miles.

(Be sure to put your name on your record sheet so we can have an accurate count.)

### Walking to Zion

### Isaiah 40:31 But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.

What will you do to “wait on the Lord” this week? How will you serve Him and His children here in our community? Think about the strength you are given each day. Rejoice in it, and as you walk, resolve to use that strength to serve your neighbors.

We need to collectively walk 128 miles each week to finish our 1,415 mile trek this summer. If everyone in our ward who is physically able chooses to walk to church instead of driving, we will meet our goal for the week simply by coming to worship together. *Call or email Sister Jones with your mileage report, or drop it off at the Primary room each Sunday so we can record our progress on the map. (801-555-1212, email-address@yahoo.com)*

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**Week 3: June 17 - June 23**

This past week I (or my family) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

walked (biked, scootered, skated, cruised in a wheelchair, strolled, etc.) \_\_\_\_\_\_\_\_\_\_\_\_\_ miles.

(Be sure to put your name on your record sheet so we can have an accurate count.)

**Walking to Zion**

“I’ll walk with you. I’ll talk with you. That’s how I’ll show my love for you.”

(I’ll Walk with You, Children’s Songbook 140).

Take time to walk with someone this week. The time we spend together is the way we come to know and love each other. It equips us to “Bear ye one another’s burdens, and so fulfill the law of Christ” (Galatians 6:2).

We need to collectively walk 128 miles each week to finish our 1,415 mile trek this summer. If everyone in our ward who is physically able chooses to walk to church instead of driving, we will meet our goal for the week simply by coming to worship together. *Call or email Sister Jones with your mileage report, or drop it off at the Primary room each Sunday so we can record our progress on the map. (801-555-1212, email-address@yahoo.com) \*Last week 450 miles were reported.*

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**Week 4: June 24 - June 30**

This past week I (or my family) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

walked (biked, scootered, skated, cruised in a wheelchair, strolled, etc.) \_\_\_\_\_\_\_\_\_\_\_\_\_ miles.

(Be sure to put your name on your record sheet so we can have an accurate count.)

**Walking to Zion**

Doctrine and Covenants 89:10-11: And again, verily I say unto you, all wholesome [herbs](http://lds.org/scriptures/dc-testament/dc/89.1-4?lang=eng#) God hath ordained for the constitution, nature, and use of man—Every herb in the season thereof, and every fruit in the season thereof; all these to be used with [prudence](http://lds.org/scriptures/dc-testament/dc/89.1-4?lang=eng#) and [thanksgiving](http://lds.org/scriptures/dc-testament/dc/89.1-4?lang=eng#).

The first thing the advance pioneer teams did when they arrived in the Great Salt Lake Valley was to break ground and plant crops. The survival of pioneers depended on it. As you walk this week, through your neighborhood and gardens, reflect on the bounty we are given, all the fruit that is coming into season. Be grateful to those who have gone before us, planting the trees that are swelling with fruit, that we, through the grace of God, our predecessors’ sacrifice, and our own labor, may be able to eat.

We need to collectively walk 128 miles each week to finish our 1,415 mile trek this summer. If everyone in our ward who is physically able chooses to walk to church instead of driving, we will meet our goal for the week simply by coming to worship together. *Call or email Sister Jones with your mileage report, or drop it off at the Primary room each Sunday so we can record our progress on the map. (801-555-1212, email-address@yahoo.com)*

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**Week 5: July 1 - July 7**

This past week I (or my family) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

walked (biked, scootered, skated, cruised in a wheelchair, strolled, etc.) \_\_\_\_\_\_\_\_\_\_\_\_\_ miles.

(Be sure to put your name on your record sheet so we can have an accurate count.)

Walking to Zion

“Someday we’ll reach the land of our dreaming,

Settle and build on some land of our own.”

-Covered Wagons, Children’s Songbook 221

We live in a land worth dreaming about and struggling to reach. Let’s do all we can to make it a Zion on earth. Walk around. Know your neighbors. Help each other. Play together. Share meals with your friends. All of these things draw us together with bonds of love and service, until we are of “one heart and one mind.”

We finished our trek. Thank you for walking and reporting your miles. *Our celebration party will be at Memorial Park (Center Street) on Saturday, July 23rd at 5 p.m. Bring your loaded water guns for an epic game of capture the flag. Direct questions to Sister Jones. 801-555-1212.*

Walking to Zion

Thank you to everyone who participated in our “Walking to Zion” challenge over the last few months. As a ward, we were able to collectively walk more than 1,500 miles.